Microsoft Password Reset Instructions



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If you forgot your password, never got a password, or have been locked out of your account, you can use your security info and your mobile device to reset your work password.

Microsoft Password Reset Site https://passwordreset.microsoftonline.com

I forgot my password

- 1. If needed, review the video on Self-Service Password Reset/Change
- 2. Go to https://passwordreset.microsoftonline.com
- 3. On the "Get back into your account Who are you?" screen, use your email address for the User ID and prove you are not a robot by entering the captcha characters
- 4. Select "I forgot my password"
- 5. On the "Get back into your account verification" screen, choose a method to verify your identity. Most of you will have MFA set up and should see that as a choice for verification
- 6. Congratulations, you are back into your account

I know my password - I am locked out

- 1. If needed, review the video on Self-Service Password Reset/Change
- 2. Go to https://passwordreset.microsoftonline.com
- 3. On the "Get back into your account Who are you?" screen, use your email address for the User ID and prove you are not a robot by entering the captcha characters
- 4. Select "I know my password I am locked out"
- 5. On the "Get back into your account verification" screen, choose a method to verify your identity. Most of you will have MFA set up and should see that as a choice for verification
- 6. Congratulations, you are back into your account

Network Password Complexity

- 1. If you exceed 5 attempts to log in, you will be automatically locked out for 24 hours
 - a. IF you are locked out for this reason, please have a co-worker or supervisor put a Northstar ticket in for you
- 2. Passwords expire after 90 days
- 3. Cannot use last 15 passwords
- 4. Password must be 8 characters composed of the following:
 - Uppercase letters of European languages
 - Lowercase letters of European languages
 - **Digits** (0 through 9)
 - Non-alphanumeric characters (special characters): ~!@#\$%^&*_-=`|\(){}[]:;"'<>,.?/

Devices

Please remember to change your password on your mobile devices. Additional attempts with an older password will automatically lock you out of the network

Workstation Lock-Out

If you are locked out from your workstation – visit Service Center video on workstation passwords

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